March is Water and Sanitation Month

District Governor’s Thoughts

Clean water is a basic need for human beings. When people, especially children, have access to clean water, they live healthier and more productive lives. However, at least 3,000 children die each day from diseases caused by unsafe water. While very few people die of thirst, millions die from preventable waterborne diseases. Data shared during the World Water Summit in Sydney reports worldwide, 2.5 billion people have no improved sanitation facilities. More than 783 million people lack access to clean drinking water.

More than 100 years ago, one of the first Rotary projects was to build a public toilet. Every Rotary member should know this story. When members do water and sanitation projects, at least 85 percent of them focus on water. But you cannot have clean water if people are still defecating into the river. You cannot improve quality of life for the poor if people are still getting sick because of a lack of proper sanitation.

Women cannot be safe if they are subjected to rape or molestation because they have to go to the toilet in the bush. You cannot achieve education for girls if they have no place to change their sanitary napkin, so they drop out of school for a week every month to avoid embarrassment, and eventually cannot catch up and drop out altogether.

Louder than ever, this is a call to action! Let’s look at some amazing accomplishments as result of D5030 Rotarian efforts. Check out pages 2 and 6 to see what they’ve been up to! To each, my thanks for a job well done!

District Conference Update

Rooms at the Coeur d’Alene Resort: the district has reserved a block of rooms with rates ranging from $95 to $135 per night. Note: the hotel will hold rooms for us through March 15 on a guaranteed basis. Thereafter, they will honor the room rate however rooms will be subject to availability. So click in, register and reserve your room now to be safe!

A Special Breakout session at the District Conference!

Wage Peace with a Peacebuilder Committee in your Club!

Following the lead of clubs around the world, Seattle 4 Rotary has launched a Peacebuilder Committee. This informative workshop will highlight the purpose and practical steps to make your club and our District “Rotary Peacebuilders.” In addition there will be an opportunity to join the Rotarian Action Group for Peace movement.

Submit Articles or Club Ads to The Bridge

Send to: carmamckay@gmail.com. Deadline: 22nd of each month. Submit text in the body of an email or as a Word.doc. Ads need to be in .jpg format. Use current Rotary logos in your ads. Download Rotary logos at www.Rotary.org.
By Beth Tesh, Past President, Fremont Rotary Club

Guatemalan Project by Clubs: Ballard (Lead), Fremont, Lake Union, Mill Creek, Renton, Vashon

Bienvenidos! Kathleen Davis is leading a Guatemalan grant with her husband Chris Davis. I caught up with her at a Ballard café to gather all the details. The project is in two rural Mayan villages: El Sargento and La Estancita. The first village will get clean water for 93 families. The second village will get composting latrines for more than 70 families. The La Estancita homes already have water to their homes but no sanitation facilities at all.

The partner Rotary works with on site is People for Guatemala. Originally founded by an American couple, Lois and Ken Werner, who continue to run the organization. They work closely with Manager, Amilcar Vielman, a native Guatemalan, who spoke at our District Conference in Vancouver, B.C. The mission is to improve villages in the San Martin, Jilotepeche area, with a focus on health and education, through community building. Rotary Club of Antigua Guatemala is also involved.

This active organization goes into communities, meets separately with village men and women to prioritize needs. Projects require labor by villagers, and 25% of materials cost. Villagers write up the report with Amilcar’s assistance. If the project involves water, they must buy their own springs as well as land for their distribution tank. The families who get water to their homes pay monthly dues to the village Water Committee for maintenance. This creates sustainability.

Kathleen and Chris have made many trips to Guatemala to various villages because of their passion for helping families like these to improve their health. This is the magic of partnering with several Rotaries Clubs, and leveraging donations by Rotary District and RI matching funds. Our District is very fortunate to have their energy and devotion close at hand to gather information and Club support for worthy projects. Thank you to all involved! Muchas Gracias!

Dockside Party for Clean Water Projects in Guatemala and Ethiopia for ALL Seattle Area Rotary Clubs

El Molino Clean Water and Sanitation

Participating clubs include Vashon Island (Lead Club), Lake Union, Fremont, Mill Creek, Renton, West Seattle, and La Antigua, Guatemala

This project provides water and sanitation needs for approximately 500 people in the Mayan town, El Molino Centro. In Guatemala. A water delivery system was installed and composting latrines provided for each family. Additionally, training was provided in hygiene, monitoring and maintenance of the water system, and in maintenance and use of the sterile composting materials from the latrines. Water is supplied by a spring located over a mile away and is piped into a large distribution tank, purified, and then distributed to each home’s “pilla” (a sink with separate compartments for clean water and washing dishes) outside the house. The village formed a committee to raise funds from each family to buy the rights to the spring. Villagers provided most of the labor to trench and install all the piping to carry the water. In addition to now having clean water at their homes, the women of the village no longer have to spend several hours daily walking miles to fetch water from a river.

**Project Budget:** Total $67,850 (Clubs: $19,900 - D5030 matching grant: $19,000 - RI World Fund matching grant: $28,950)
First Water Project - A Little District 5030 History

Warren Kraft, DG 1956-57 - Back in 1956, our Rotary District was called 501, stretching from Hoquiam to Nome, including Vancouver Island and Yukon Territory. Warren, of course, visited all 42 clubs and, at his District Conference in Victoria introduced each of the presidents and their wives without referring to any notes!

In those days there was no budget for District Governor travel or administration, a fact he tried unsuccessfully to remedy for future Governors.

Warren joined Seattle #4 in 1942, became president in 1949 and served as Host Club Chairman for RI’s International convention in 1954. At the Tokyo Convention in 1961, from a field of five candidates, he was elected to the RI Board. The following year, the Board elected him First Vice President, during the administration of Nitish Laharry of India.

Warren helped pioneer the idea of World Community Service, where a club in a developed country worked with a club in a developing country to carry out a project to help raise the standard of living. The first two projects in Fiji and Visakhapnam, India, were funded by Seattle #4. The India projects involved building a well where women had previously had to walk miles for water for their families and a medical facility, which to this day is still called the Seattle Rotary Medical Clinic. Warren, throughout Rotary, became known as the father of World Community Service as he chaired the international committee for several years.

He chaired eight international committees and was Dean of the Faculty of an International Assembly, training district governors. He acted as President’s Representative at 46 District Conferences, attended 23 International Conventions and spoke to Rotary Clubs on all six continents.

His legacy lives on. Two sons, Don and Ken, have been club presidents (at Seattle Four and University District), two grandsons, Dave and Jim, belong to Seattle Four and a grandson-in-law and great-grandson, Stu and Carl Vander Hoek belong to the Bellevue lunch club.

Hop & Vine is Here!

WHERE: Wild About Cars Garage in Kirkland. The Great Classic Garage! Have a professional photo taken with a classic car.

Drink Wine, Beer & Cider, HAVE FUN, Eat Hors d’oeuvres, HAVE FUN, Take your Photo in a Great Classic Car, HAVE FUN, Buy Raffle Tickets, HAVE FUN, Support local Charities, HAVE FUN, Free wine souvenir wine glass, HAVE FUN, Support Kirkland Downtown Rotary, HAVE FUN!!!

PARTICIPATING WINERIES & BREWERIES:
- Two Vintners
- Alexandria Nicole
- Brian Carter Cellars
- Market Vineyards
- Finn Hill Winery
- Chainline Brewing
- Flycaster Brewing
- Finn River Cider

TICKETS: https://hopandvine2016.eventbrite.com
MORE INFORMATION: www.hopandvine.org

For Books for the World Update

Books for the World packing day will be in early fall. If you have books and don’t want to keep them until then, you may take them, in boxes adequate to stack, to:
Western Van Lines ~ 8521 S. 190 St. ~ Kent, WA 98031
Ph: 425 251 3400 ~ Monday to Friday 8:00 – 4:00

Look for more information next month. Contact Judy Ginn rjginn@juno.com for more information.
For more information or tickets to contact Amy Hobson at Amy.Hobson@HeritageBankNW.com or Julie Shott at julie.lefebvre@comcast.net.
THE 23rd ANNUAL PRESIDENT'S CUP
Monday, June 27, 2016

Check in at 630am with a shotgun start at 8am
Held at the Prestigious TPC Snoqualmie Ridge Golf
Course Designed by Jack Nicklaus

Whether you are new or returning you can be assured to experience a world class event that includes:

- Day of access to the TPC practice range and putting green
- Breakfast sandwiches and refreshments
- Greens Fees for 18 holes of golf
- World-class lunch Northwest-Style served on the premises
- Awards raffles and prizes
- Contest holes

Your participation in this event will help fight hunger right here in the Snoqualmie Valley and across Washington State at 450 hunger relief organizations. Food is among the most basic of needs and proceeds from this event will provide over 1,500,000 servings of fresh, healthy, nutritious food to those in need. Don’t wait, sign up today.

Polio Update: Great Start to 2016

This could be the year! In the first two months of 2016, there were only four cases of polio wild virus transmission in the entire world. It occurred in Pakistan, where there were 7 cases in the same period last year. There hasn’t been a case in Africa in 18 months! That’s a great start toward recording the last case this year. But this progress is fragile. It takes three years without a new case anywhere in the world before eradication can be celebrated.

We also made progress on Capitol Hill. Please thank your Senators and Representatives for increasing polio funding again in the current fiscal year. And ask them to support the President’s budget proposal for FY 17, which requests another increase. Sustained funding at the current $220 million annual level is vital to achieving eradication, now anticipated in 2019.

District 5030’s national polio funding advocacy has much more work to do. We will continue to support Rotarians who call on their Congressional leaders with key funding responsibilities. They need to discuss why eradication in 2019 is one year longer and $1.5 billion more than originally anticipated. You can help. Your contributions to PolioPlus not only support our partners fighting polio on the ground. They are at the heart of our asks for sustained government support.

Is polio eradication now within reach? It will take an all-out effort by everyone involved. We can be optimistic because Rotarians are working with government leaders at every level around the globe to achieve this awesome goal.
WATSUN Summary - Ethiopia

By Jim Moore, Rotary Club of Seattle

Many of our district clubs have been involved in three major WATSAN projects in villages in Ethiopia, led by a coordinating committee from Rotary clubs in Addis Ababa. Here’s the summary of their impact:

80,000 people gained access to a clean source of water that was free of water-borne illnesses that formerly killed infants and young children

40,000 plus livestock benefited including goats, oxen and cattle providing both milk and meat

Women and daughters were spared walking miles every day and carrying back-breaking loads of water in 5 gallon Jerry cans and similar containers;

With less distances to travel, less injuries are occurring especially back and neck injuries;

Young girls now have the chance to go to school;

Women/Mothers can now participate in income generating projects. Some villages in fact organized small tree nurseries and sold seedlings to farmers for extra income

Villagers learned to use soap when washing their hands as well as washing clothes in separate water basins/sanitation is equally important in avoiding water borne illnesses; and

Villagers owned these water projects (not Rotary) and were trained to form a Water and Sanitation Committee to plan, implement, monitor and maintain the water project, charge families a fee for water usage, and maintain a bank account that could be used for regular maintenance and purchasing spare parts if and when repairs are needed.

And There’s More...

The Hungary project involves sanitation in a school. Renovate two 60+ year old, unhygienic communal bathrooms in the dormitory of a high school dedicated to Roma (gypsy) students in Pecs, Hungary. This is a follow up to work that was done in the kitchen of the same dormitory, sponsored by RC Seattle in 2013. The lead club is Seattle. #4 with International partner Pecs of D1911 - Participants include the Rotary Clubs of Bellevue, Burien and Normandy Park, Federal Way, Mercer Island, Alderwood Terrace. Cost $27,650.

The India project is a sanitation and education campaign that involves communications. This project developed out of a past Rotary global grant to install family toilets. In the process it was uncovered that in the school district of Akola, there are 1,759 schools, each with one to two toilets at best, regardless of the number of students. Often, these toilets were poorly maintained or even non-existent. The purpose of this project is targeted at the city of Akola and surrounding villages (1.5 million people)

When Rotarians Fix This...

Is to increase public awareness and focus priority on improving sanitation in schools.

The project includes the placement of large screen TVs in key locations in the city for public viewing, including one TV to be placed on a mobile van so it can be parked in different places. It is a totally media-driven project focused on getting the messaging out through radio, TV and print media! Participating clubs include Mercer Island (Lead Club), Lake Forest Park, International District, and Bellevue. Cost: 15,000 (Clubs: $7,500 - D5030 matching grant: $7,500.

The Bolivia sanitation project in the village of Chane Rivero will construct composting latrines with full participation from community members and implement a community hygiene promotion training program for children and families in the local school focusing on hand-washing, food preparation and safe water practices. The purpose is to improve health and sanitation for this village of 180 who currently use open air pit latrines and have elevated rates of diarrhea, dengue fever and chagas. The project trains sanitation promoters to be local water and sanitation experts to sustain the project outcomes. Participants include the Rotary clubs of Federal Way (Lead Club), Kent Sunrise, Kent, Des Moines. Cost: $20,250 (Clubs: $10,125 - D5030 matching grant: $10,125).
If Paul Harris started Rotary today
Posted on February 19, 2016 by Rotary International

By Evan Burrell

I wonder, as we approach yet another Rotary anniversary, what Paul Harris would think of the Rotary of today? Would he smile, or grimace? He probably didn’t imagine how far his little idea would go when he sat down for that first meeting on 23 February a full 111 years ago.

As a fun exercise, I tried to imagine what it might be like if Paul Harris started Rotary today. To do this, I first imagined what a Gen Y Paul might be like.

I decided he’d be a social entrepreneur and blogger. His personal style is a touch metro, add some emo, and just a squeeze of hipster. He lives a healthy lifestyle, eats organic and gluten free. He is warm and welcoming, with a hearty laugh, and certainly doesn’t need a copy of “How to Win Friends & Influence People.” He has 500 plus connections on LinkedIn.

What does his Rotary club look like?
The club is very inclusive with its membership. They work hard to attract individuals of all genders, races, beliefs, and backgrounds. They are very particular about not incorporating any practices that would be offensive to any particular group. They don’t take political stands, but they are eager, collectively, to dive into action to better their community.
The club uses Facebook, LinkedIn, and social media a lot to connect, not only socially but for service projects. They use Kickstarter and GoFundMe to finance projects, and have developed some Rotary-specific tools (like our Rotary Ideas) to also achieve this goal.

Club meetings
The club meets in person and online on a semi rotational basis, usually once or twice a month depending on the needs to be addressed. The club is more about how members can contribute their talents and take part in projects getting their “hands dirty,” than how many times they show up for a meeting.

Members communicate almost daily through Facebook or Snapchat. Word about what they are doing seeps out through their social media network of friends, co-workers, and colleagues, spreading the excitement and attracting interest. Their physical meeting locations vary, sometimes at a tavern, sometimes a coffee house. They are kept affordable so members can focus their resources and time on service. Meetings tend to be relaxed, and some people connect remotely via web technologies.

Social hour
The club hosts regular social events to build stronger relationships between members. Members frequently invite friends with little pressure on the individual to join. Even service projects involve a good number of people who are not members, but share a common interest.

Although I’ve just been imagining, there are certainly clubs that do some of these things. Do you like my vision of what Paul Harris’ club would look like today? What is yours?

Join a discussion on membership best practices

About the author: Evan Burrell is a member of the Rotary Club of Turramurra, New South Wales, Australia, and a former member of Rotaract. He has been involved with Rotary since he was 18. He currently manages social media for Rotary Down Under, the Rotary regional magazine of Australia. Follow Evan on Facebook.

Rotarian to Rotarian Corner

Do you have a vacation rental in Hawaii, Arizona, at the ocean, etc., that you would like to offer your fellow Rotarians? This space is available on a first come, first serve basis. Send a short description including location, cost, period available and the contact info to CarmiMckay@gmail.com. One small picture may be included. Must be a Rotarian in good standing and a member of a club in District 5030 to participate. There is no cost to place an ad.
What’s Up with D5030 Youth Service

Rotaract clubs are very busy and energetic. On February 20th the District Rotaract Leadership Team held its first professional development workshop, including great sessions on proven strategies to get a promotion, public speaking and event planning. They also introduced a district-wide mentorship program for Rotaract. We have a nucleus of mentors and will add more to match specific needs of young leaders about to start their careers. Contact DRR Zac Reichert, zac.r22@gmail.com, or Professional Development Chair Mitch Sturtevant, mitch.sturtevant@gmail.com, to get involved in mentoring with these positive young leaders.

Professional Development Workshop Enthusiasm

We plan to send a district team to join the 1000 young professionals (YPs) at Rotary International Young Leaders Summit in Seoul this year. DG Terry Pickering will nominate 10 YPs to attend. Fundraising is underway. Donate now at: https://www.gofundme.com/5030YLS.

Our Rotaract clubs are very eager to send delegates to our district conference in Coeur d’Alene. Past conference attendees came away from the experience charged up and ready to energize their Rotaract clubs. We want as many Rotaract club members as possible at this year’s conference. We will be contacting sponsoring clubs and others for ride-sharing and other support for these eager young leaders.

Lastly, our clubs are gearing up for their next year’s organizing and their end of year fundraising, including the never to be missed Spring Awards Banquet and Auction at UW Rotaract on April 6 and Seattle University Rotaract’s Spring Banquet and Auction on May 14.

INTERACT & ROTARACT PRESIDENTIAL CITATION

Interact and Rotaract Presidential Citation applications are due in April. For more information about how your club can achieve a Presidential Citation award, for Interact, see: https://www.rotary.org/myrotary/en/news-media/office-president/presidential-citation-interact-clubs and for Rotaract, see: https://www.rotary.org/myrotary/en/news-media/office-president/presidential-citation-rotaract-clubs